



Raising the Grade on Oral Health in Oklahoma

Stigler Health and Wellness Mobile Dental



Locations served

Stigler

Poteau

Wilburton

Sallisaw

Checotah

Eufaula

Warner

Barriers to Dental Care

Pain!

Afraid of judgment/Embarrassment

Scared/ Anxiety

Perception of Cost

Bad experience in the past



"Try to relax."



Eliminating Barriers to Tx

Patient education

Tell-Show-Do

Listening to patient desires

Building trust at a younger age

Short simple appointments to build confidence

Improving Access to Care: Traditional ideas

Mid-level providers

More dentists

- Cost of dental education barrier
- Convincing dentists to move to areas of higher need

Teledentistry

Dental Insurance

Other ways to improve access: Teamwork

Integrating dental education into schools

Changing the dental and patient mindset

- Proactive > Reactive

Treating the whole patient

- Nutritionists
- Personal trainers
- Mental health